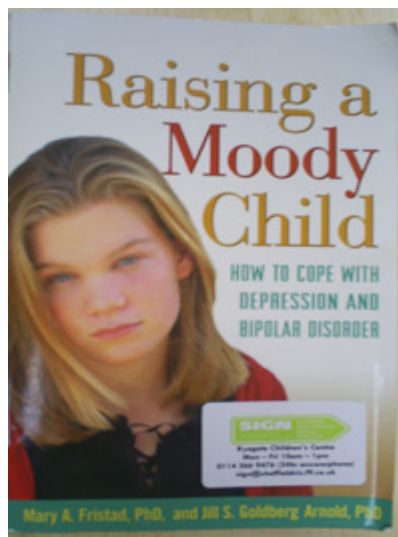
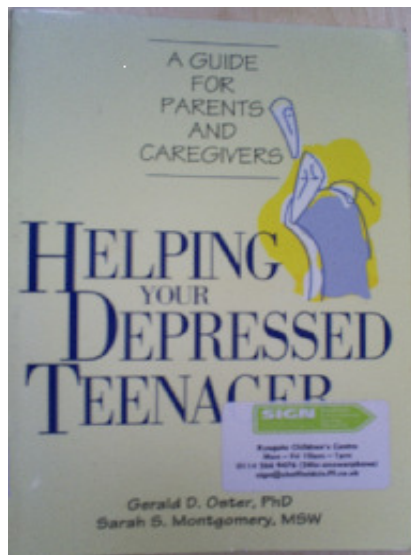


DEPRESSION



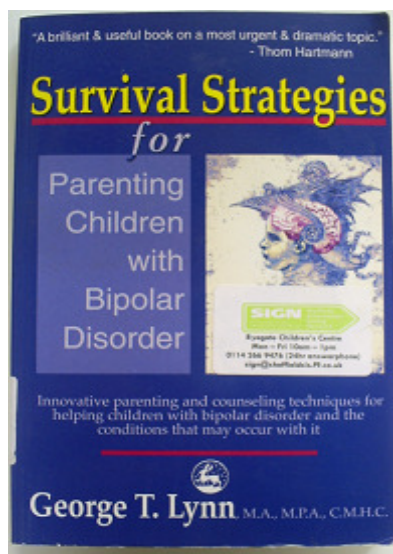
Raising a Moody Child

This book aims to guide families through the difficult journey of evaluating children for depression and bipolar disorder and finding treatments that really work.



Helping Your Depressed Teenager

A practical guide offering family solutions to a family problem. This book will help you to understand the hidden struggles of teenagers and assist you in understanding their multi-faceted problems.



Survival Strategies

Offers clear practical advice on recognising the symptoms, understanding the medication, accessing the necessary support and managing the day to day challenges of parenting a child with bipolar disorder

DEPRESSION

Children's Books



So young so sad so listen

The aim of this book is to help recognise the signs of depression in children and to understand the possible causes. The authors provide practical advice and information about the support and help you can give.