

HEALTH CARE

Health services for children with special needs can often involve a wide range of different health workers, from your local support team, such as your family doctor, health visitor and school nurse, through to hospital-based medical specialists such as consultants in neurology, psychiatry, genetics, orthopaedics, psychologists and therapists working in areas such as speech therapy, occupational therapy and physiotherapy.

This section includes information about health services for children with special needs in the city, and about the range of extra support services that are available through the formal health care system. It is divided into five parts:

- | | | |
|---|---|----|
| 1 | Health Services for children with Special Needs | p2 |
| 2 | Major hospitals and clinics in the area | p3 |
| 3 | Child and Adolescent Mental Health Services | p4 |
| 4 | Additional Clinics and Services | p5 |
| 5 | Additional Information and Support Services | p7 |

Health Services for children

If you have concerns about your child's development, learning, physical skills or behaviour, there are a number of specialists you can turn to.

Health Visitors

Nurses who specialise in working with young children and their families and who have training in child development.

School Nurses

You can discuss concerns with a school nurse who can, if it is appropriate, refer your child to a development specialist, e.g. a Speech and Language Therapist, or arrange for a more detailed general assessment of development at one of the Development Assessment Clinics or with a school doctor (Community Paediatrician).

The Ryegate Children's Centre

The child development centre for the Sheffield district. Children referred here usually have physical or learning difficulties – or a combination of both. Some have additional sensory impairment. Referrals may be because a child seems to be developing slowly overall, or there may be concerns over a particular area of development.

Ryegate has a number of specialist staff, including paediatricians, neurologists, nurses, psychologists, speech therapists, physiotherapists, occupational therapists, orthoptists, social workers, and under five teachers. This means that a child can see the right combination of specialists all in one place.

Members of the Ryegate team may see children at home, school or nursery. When a child has been referred to Ryegate for an assessment, the family will be contacted before their visit and given more information by a nurse or social worker.

Centre staff provide specialist assessment and support for children with Cerebral Palsy, Autism, and after head injury or other trauma to the brain. The centre also has an expert service for Gait Analysis.

For more details of the services that Ryegate offers please refer to the section: '**additional clinics and services**'.

Development Assessment Clinics

The clinics run a range of assessments to get a picture of the child's skills, including motor skills, vision, hearing, language development, self – help and play skills.

Hospitals and clinics

Children may need to attend the Children's Hospital or a special children's unit at any of the hospitals in the Sheffield area if they need medical advice, investigations or treatment. The places they are most likely to visit are:

Sheffield Children's Hospital NHS Trust

Western Bank

Sheffield S10 2SH

Tel: 0114 271 7000

The hospital has the following departments:

- Out – patients clinic
- Medical and surgical wards
- Audiology (Hearing)
- Accident and Emergency
- Clinical Psychology
- Radiology (X-Ray)
- Physiotherapy
- Laboratory Services
- Medical Social Work
- Speech Therapy

The Ryegate Centre – (see page 2)

Tapton Crescent Road

Sheffield S10 5DD

Tel: 0114 271 7651

Clinical Genetics

Sheffield Children's Hospital

Western Bank

Sheffield S10 2TH

Tel: 0114 271 7025

Charles Clifford Dental Hospital

Wellesley Road

Sheffield S10 2SZ

Tel: 0114 271 7800

Out-patient emergency facilities are available from 9am-5pm. Patients are usually seen by appointment, following referral from General Dental Practitioners, Community Dentists, dentists or doctors at specialised departments or hospitals, health centres or clinics. If you do not have a dentist you can make an appointment at the Dental Hospital. Most school age children with special needs will be able to use dental treatment facilities provided by the Community Dental Service.

Sheffield Salaried Primary Dental Care Service

Children with special or specific needs can be seen at one of the clinics. Operates clinics throughout the city. Takes referrals from key workers, i.e. a GP or Social Worker.

Heeley Dental Practise

Referrals

Tel: 0114 266 1721

Northern General Hospital

Herries Road

Sheffield S5 7AU

Tel: 0114 243 4343

Royal Hallamshire Hospital

Glossop Road

Sheffield S10 2JF

Tel: 0114 271 1900

Jessop Wing

Tree Root Walk

Sheffield S10 2SF

Tel: 0114 271 1900 (to be put through)

Child and Adolescent Mental Health

There are three community teams, each providing a specialist child, family assessment and treatment service for mental health.

The community teams also offer a consultation service to primary care staff, providing advice, support and training. Referrals for children and young people up to 16 are via GP's, educational psychologists, hospital and community doctors.

COMMUNITY CAMHS TEAMS

The teams cover different areas of the city. Contact the Directorate Secretary to find out which team covers your area.

CAMHS Directorate Secretary

Tel: 0114 226 2343

CENTENARY COMMUNITY CAMHS

Centenary House
Heritage Park
55 Albert Terrace Road
Sheffield S6 3BR

Tel: 0114 226 2062

FLOCKTON COMMUNITY CAMHS

Flockton House
18 Union Road
Sheffield S11 9EF

Tel: 0114 226 2307

BEIGHTON COMMUNITY CAMHS

Beighton Hospital
Sevenairs Road
Sheffield S20 6NZ

Tel: 0114 271 6541

DAY AND OUTREACH SERVICES

CAMHS TEAM

Shirle Hill Hospital
6A Cherry Tree Road
Sheffield, S11 9AA

Tel: 0114 271 6860

Most referrals come from community mental health teams, but other professionals may also refer. Contact the hospital for further information.

Young People's Mental Health Team

Oakwood Young People's Centre
The Longley Centre
Norwood Grange Drive
Sheffield S5 7JT

Tel: 0114 226 1601.

Services for adolescents aged 12 – 16 years. Services include specialist consultation, assessment and treatment services.

The centre provides in – patient, day – patient and residential help, including a special school for children with adjustment difficulties. Family meetings, multi – family groups and family therapy are offered to help parents/carers. Psychotherapy and an out – patient service for teenagers and families in Sheffield are also available.

This Factsheet is available in other formats upon request, please call 0114 266 9476 for more details.

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Additional Services

ADHD LIAISON NURSES

Ryegate Children's Centre
Tel: 0114 271 7640

Mobile numbers:

Julie Warburton - 07876 213 848
Lisa Mangle - 07867 526 095

The ADHD Liaison nurses provide education and support to children and their families, schools and anybody involved in the children's lives. They work in conjunction with a number of professionals to help provide a seamless service.

They can offer schools visits, anger management sessions, attention training sessions and behaviour management sessions.

AUDIOLOGY CLINIC

Centre for Hearing and Speech
Sheffield Children's Hospital NHS Trust
Western Bank
Tel: 0114 271 7450

COMMUNITY PAEDIATRICIANS

Centenary House
Heritage Park
55 Albert Terrace Road
Sheffield S6 3BR
Tel: 0114 226 2001

Community Paediatricians provide assessment and support in schools and local clinics for children with developmental problems and special needs. They also provide advice on education, health related needs in schools and health promotion; continence; looked after children etc.

The Community Paediatricians run the Continence Clinics.

CONTINENCE ADVISORY SERVICE

Community Health Sheffield NHS Trust
7 Edmund Road
Sheffield S2 4EA
Tel 0114 271 6837

For children three and above with severe disabilities. A qualified nurse or health visitor will normally do the assessment, or it can be done at a continence clinic.

Mail order forms, literature about products and aids, such as alarms, are available at Edmund Road. To speak to one of the specialist nurses regarding use or suitability of products, please telephone to arrange an appointment. Samples of products are available if a request is made.

CHILDREN'S CONTINENCE CLINICS

For help with:

- Bed wetting
- Daytime wetting
- Constipation
- Soiling

Central Health Clinic
3rd Floor
Mulberry Street
Sheffield S1 2PJ

Northern General Hospital
Outpatients 2
Herries Rd
Sheffield S5 7AU

Centenary House
55 Albert Terrace Rd
Sheffield S6 3BR

Appointments and Advice
Tel: 0114 226 2076

CYSTIC FIBROSIS CLINIC

Sheffield Children's Hospital NHS Trust
D Floor Blue Wing
Tel: 0114 271 7319

EPILEPSY

Ryegate Centre, Epilepsy Nurse
Tel: 0114 271 7621 or 271 7610

GAIT LABORATORY

Ryegate Children's Centre
Tel: 0114 271 7629

OCCUPATIONAL THERAPY SERVICE

The Ryegate Children's Centre
Tel: 0114 271 7610 or 7642

The occupational therapist works to help each child develop their maximum potential in function and independence.

The occupational therapist will discuss the carers needs in daily management and any difficulties the child may have in daily living activities, such as dressing, feeding, bathing and toileting, positioning and seating.

The therapist works with the child and carer on issues such as assessment, equipment provision, splinting and scar management therapy, therapy advice, individual and group work.

ORTHOPTICS SERVICE

Orthoptics services are provided at The Sheffield Children's Hospital NHS Trust with a service for children with special needs at The Ryegate Children's Centre. The Royal Hallamshire Hospital also provides an orthoptic service.

Sheffield Children's Hospital NHS Trust
Western Bank
Tel: 0114 271 7468

Ryegate Children's Centre
Tel: 0114 271 7616

Royal Hallamshire Hospital
Tel: 0114 271 3021 or 271 7468

The orthoptists assess the child's ability to see and use their eyes together correctly. If there is a problem with the vision in one or both eyes, or there is a squint or eye muscle problem, a referral to the Consultant Ophthalmologist will be made.

PHYSIOTHERAPY SERVICE

Physiotherapists will see children in a variety of locations, - hospitals, Ryegate Centre, nursery, school, or at home. Children with a variety of conditions are usually referred by doctors, health staff and school teachers.

The physiotherapist will assess the child's physical condition and abilities to decide if treatment is needed, and then work with parents and carers to plan and implement treatment and to enable the child to be as independent as possible.

Sheffield Children's Hospital NHS Trust
Western Bank
Tel: 0114 271 7000 (to be put through)

SPEECH AND LANGUAGE THERAPY SERVICE

Centenary House
Heritage Park
55 Albert Terrace Road
Sheffield S6 3BR
Tel: 0114 226 1782

Speech and Language therapy services are provided in clinics and health centres throughout Sheffield.

Specialist advice is available in the areas of dysfluency (stammering), communication aids, hearing impairment, learning difficulties, autism, eating and drinking difficulties, cleft palate and specific speech and language disorders. Families can be offered advice on the best strategies to help their child communicate. Speech and language therapists also work with mainstream and special schools in Sheffield.

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Additional Information

SHEFFIELD PRIMARY CARE TRUST
The Sheffield Primary Care Trust
manages primary care services such
as doctors, dentist, pharmacists,
opticians, and NHS walk in services

Sheffield Primary Care Trust
722 Prince of Wales Road
Darnall
Sheffield S9 4EU
Tel 0114 305 1000

West Court
Hillsborough Barracks
Langsett Road
Sheffield S6 2LR
Tel: 0114 226 4600

Primary Care sites include:

Brincliffe House
90 Osbourne Road
Sheffield S11 9BD

Central Health Clinic
Mulberry Street
Sheffield S1 2PJ

Don Valley House
Saville St, East
Sheffield S4 7UQ
Tel 0114 226 4555

Fairlawns
Middlewood Primary Health Care Centre
621 Middlewood Rd
Sheffield S6 1TT

Firth Park Clinic
North Quadrant
Firth Park
Sheffield S5 6NU
Tel: 0114 226 4031

Green Lane
89 Green Lane
Ecclesfield
Sheffield S35 9WY

Manor Clinic
18 Ridgeway Rd
Sheffield S12 2ST

Sheffield GP collaborative
A Floor
Royal Hallamshire Hospital
Glossop Rd
Sheffield S10 2JF

9 Orgreave Road
Handsworth
Sheffield S13 9LQ
Tel: 0114 226 4050

THE SHEFFIELD INDEX OF CHILDREN AND YOUNG PEOPLE WITH DISABILITIES

The Sheffield INDEX is the Child
Disability Register for Sheffield

Membership of the INDEX is voluntary
and confidential. It is based on a simple
questionnaire. The family receives a
copy of **all** their information held on the
INDEX, as well as regular Newsletter, a
membership card and any other
information they require.

The INDEX is run and managed by the
Disability INDEX Co-ordinator.

Tel: 0114 271 7626

SHEFFIELD COMMUNITY EQUIPMENT LOAN SERVICE

President Park
President Way
Sheffield S4 7UR

Tel: 0114 226 3800

www.scels.com

Administered by the Sheffield Care Trust. Provides a wide range of equipment for short and long term including urinals, bed pans, walking aids, nursing beds, lifting poles, patient hoists and slings. Also short term loan of wheelchairs.

PATIENT ADVICE & LIAISON SERVICE (PALS)

Linda Towers
PALS Coordinator
Sheffield Children's Hospital NHS Trust
Western Bank
Sheffield S10 2TH

Tel: 0114 271 7594

The PALS service focuses on improving services to NHS patients. It is based at the children's hospitals but it also covers the Ryegate Centre, Oakwood Children's centre, Shirle Hill Hospital, three CAMHS teams and community clinics.

The service aims to:

- Advise and support patients, their families and carers.
- Provide information on NHS services
- Listen to your concerns, suggestions and queries
- Help sort out problems quickly on your behalf.

THE CENTRE FOR HIV AND SEXUAL HEALTH

22 Collegiate Crescent
Sheffield S10 2BA

Tel: 0114 226 1900

www.sexualhealthsheffield.nhs.uk

Works to promote sexual health and safe sex and to prevent the spread of HIV in the city by a variety of methods including: training for GP's, dentists, youth services, police, journalists, Social Services staff etc. Work is undertaken by a wide range of statutory agencies and voluntary and community groups in the city.

Parent to Parent Project

Based at the Centre for HIV & Sexual Health, this project aims to support and teach parents / carers as sex relationship educators. Offers one-off sessions and 4 week courses to enable parents / carers to talk to children more effectively about sex and relationships.

Tel: 0114 226 1901

NHS DIRECT

The service can offer nurse advice and health information. Experienced nurses can help with a wide range of problems including coughs and colds, rashes and cuts, vomiting and diarrhoea, sore throats, ear ache, backache, flu and fever, stomach upsets and minor injuries.

The team can also provide information about particular illnesses, medicines (i.e. paracetamol), vaccinations, lifestyle changes such as giving up smoking and local services such as late night pharmacies, dentists and GP's.

Tel: 0845 46 47

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